



*Vie*  
HARMONY

*Spring Stimulus Package for your Health!*



## **Anne Bernard**

was trained extensively both abroad and domestically in the Naturopathic health field.

She attended the Xavier Bichat Medical School in Paris, and later received a Naturopathic De-

gree from the Ecole d'Enseignement Supérieur de Naturopathie du Québec in Montreal.

Since 1999, she has expanded her Naturopathic practice in Petaluma, CA.

Anne received her Acupuncture license following graduation in 2006 from the well respected Acupuncture and Integrative Medicine College in Berkeley. She is well known for her nurturing ap-

proach and gentle touch with needles. Anne's extensive ties to the European health and beauty communities will help you to feel confident you have the best and latest techniques and solutions available.

Anne is passionate about being informed on new developments and technology; she always uses them personally first to assess their value, so she brings a wealth of experience and realistic expectations to her clients.

Anne is also available as a lecturer for your group or organization. She conducts regular PEMF presentations in our area. These lectures provide pertinent information about how your body works, and why a safe pulsed electro magnetic field application can make a difference in your health and well being.

## **ANNE BERNARD, L.AC, DIPL.O.M** Acupuncture- Naturopathy

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# *Vie Harmony's Spring Stimulus Package for your Health!*

Vie Harmony recognizes the need to help you get the most value for your dollars during this period of financial hardship. Staying healthy is even more important than usual. We offer you affordable and attractive alternatives, so your health will not be sacrificed.

Prevention and wellness are the goals. With an ongoing and specific program, you will optimize your health, prevent disease, eliminate pain, manage your weight, and age more gracefully.

*Good Health is a Priority,  
not a Luxury!*



We have created 3 flexible Health Packages that can be tailored to every individual's needs and budget. You will save a significant amount of money, as compared to the cost of individual services, and you will be able to support your health at a reasonable price.

These 3 Health Packages are designed for a program lasting a minimum period of three months. All services are performed in our Petaluma office.

*Join our Referral Program today!*

Get money back for every friend you refer, ongoing.

Up to: **15%** on services  
**10%** on Supplement sales.  
**10%** on Health Packages and Special Programs

\* see terms and conditions  
on our website



## *Basic Health Maintenance*

### Package 1:

Start with a full health assessment, then enjoy the therapy of choice for maintaining your well-being and beauty, as well as 2 of our detoxification protocols. This Basic program is primarily for those who are feeling well and want to stay that way.

At a low cost of only **\$169.00** per month, you save up to \$750.00 over 3 months.

**Select each month:**

**1 from group A**      **1 from group B**  
**2 from group C**

see p.5



# *Deluxe Get Healthy Program*

## Package 2:

Start with a complete health assessment, then choose your weekly therapies, detoxification and beauty treatments. The Deluxe program is the economical approach to improve your state of health and wellbeing.

You will pay only **\$349.00** per month, and save up to \$870.00 over 3 months.

### Select each month:

**1 from group A**    **2 from group B**  
**4 from group C**

see p.5



# *Premium Health and Beauty Program*

## Package 3:

Begin with our comprehensive, yet non-invasive, health and nutritional assessments, which will provide the basis for the most effective and intensive healing program, with consistent feedback. More frequent and regular treatments and therapies result in maximum detoxification, improved wellbeing and radiant beauty.

You will pay only **\$589.00** per month, which represents a total savings of over \$2,130.00 during 3 months. Get an extra 15% off supplements.



### Select each month:

**3 from group A**      **4 from group B**  
**8 from group C**      see p.5

**Group A:**

Each non invasive but thorough assessment is valued at **\$200.00**

1 Asyra Testing – assesses key internal chemical and environmental factors. Custom made remedies to your needs and test all supplements you take to assess if optimal for you at this time

1 Electro Interstitial Scan Session-Full body scan determines the health of all organs and operating systems, monitor over time the success of your current therapies

1 Nutritional Plus Assessment Session  
Ask us for details



**Group B:**

Each treatment group is valued over **\$100**

16 BEMER Sessions with Oxygen Therapy-Relax while enjoying pulsed electro magnetic waves to create essential cellular energy, increase microcirculation and oxygen re-uptake

1 Acupuncture Premium Session followed with BEMER and Special Light Therapy sessions

1 Electro-Peeling Session with Special Light Therapy--Stimulate collagen production, circulation and reproduces in accelerated the natural process of renewal of the skin without side effect, one of the best ways of counteracting the aging process

1 Ionocinesis with Special Light Therapy – Uses a non invasive European technology to cleanse toxins externally and promote anti-oxidant protection.

**Group C:**

Each treatment is valued at **\$50.00**

2 Far Infrared Sauna Sessions - Uses dry heat and is unique in effective removal of dangerous fat stored toxins

1 Ioncleanse Footbath Session – Reduces acidity, toxicity and increases your pH balance

## *Special discount on a Cleansing Program*

Go on a 3 week full Detox program and save \$340.00. Pay only \$299.00 instead of \$639.00!

You will receive:

3 weeks of ClearVite gentle Cleansing Products

2 Far-Infrared saunas per week

1 Ionocinesis per week

1 Footbath per week

This special Detox program allows you to deeply cleanse your body. You will feel the difference in energy levels as well as mental clarity. ClearVite supplement powder gives you all the essential nutrients that will support the detoxification process of your liver, assuring that all metabolic pathways function properly, necessary during a cleanse.

By using the Far Infrared Sauna twice a week, you will remove toxins imbedded in your tissues that are not eliminated by any other means.

Ionocinesis will focus especially on the liver and target the toxins in this area.

The Ion Cleanse Footbath will create a relaxing effect, similar to walking along a beach, by producing positive and negative ions. As a result, it will help restore the pH balance and eliminate acidic buildup and other symptoms.



## Special Beauty Program

Treat yourself to a radiant healthy skin!  
Save over \$416 and pay only \$624 for the month!

Follow a one month, intensive anti-aging protocol and have a beautiful refreshed look!

2 Far-Infrared Saunas per week

2 Electro-Peelings per week, followed by a 25 minutes Special Light Therapy Session.



before



after

## Standard Individual

### Treatment Prices

Electro-Peeling:	\$80;	Package of 10 Sessions:	\$700 (Savings of \$100)
Far Infrared Sauna:	\$25;	Package of 5 Sessions:	\$375 (Savings of \$50)
BEMER:	\$25;	Package of 10 Sessions:	\$200 (Savings of \$50)
Special Light Therapy:	\$25;	Package of 10 Sessions:	\$200 (Savings of \$50)
Oxygen Airenergy:	\$25;	Package of 10 Sessions:	\$200 (Savings of \$50)
IonCleanse Footbath:	\$50;	Package of 10 sessions:	\$350 (Savings of \$150)

Acupuncture:	Initial	\$150
	Follow up	\$120

EIS Scan:	\$200
Asyra Analysis:	\$200
Nutritional Plus Assessment:	\$200
Ionocinesis:	\$75



For more information visit our website at:  
[www.vieharmony.com](http://www.vieharmony.com)